

SACRED HEART CATHOLIC CHURCH
Kabega Park, Port Elizabeth

Welcoming, inclusive, united family!

PARISH DIAMOND JUBILEE YEAR
(June 2021 – June 2022)



Parish Priest: Fr Lubabalo Mguda Tel: 041-360 1240
Assistant Priest: Fr Runaine Radine
Parish Office: 041-360 8240
Email: secretary@sacredheartkabega.co.za
Office Hours: 08h00 – 13h00 (weekdays)
Website: www.sacredheartkabega.co.za
Social Media: Sacred Heart Catholic Church, Port Elizabeth

FIRST SUNDAY OF LENT (YEAR C) – 5/6 MARCH 2022

MESSAGE OF HIS HOLINESS POPE FRANCIS FOR LENT 2022

“Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all” (Galatians 6:9-10)

‘Christ’s resurrection enlivens earthly hopes with the “great hope” of eternal life, planting the seed of salvation in our present time (cf. BENEDICT XVI, *Spe Salvi* 3; 7). Bitter disappointment at shattered dreams, deep concern for the challenges ahead and discouragement at the poverty of our resources, can make us tempted to seek refuge in self-centredness and indifference to the suffering of others. Indeed, even our best resources have their limitations: “Youths grow tired and weary, the young stumble and fall” (Is 40:30). Yet God “gives strength to the weary, he strengthens the powerless... Those who hope in the Lord will regain their strength, they will soar on wings like eagles; though they run they will not grow weary, though they walk they will never tire” (Is 40:29, 31). The Lenten season calls us to place our faith and hope in the Lord (cf. 1 Pet 1:21), since only if we fix our gaze on the risen Christ (cf. Heb 12:2) will we be able to respond to the Apostle’s appeal, “Let us never grow tired of doing good” (Gal 6:9)’. The Holy Father then goes on to give us three imperatives for a good Lent, for our reflection:

Let us not grow tired of praying...

Let us not grow tired of uprooting evil from our lives...

Let us not grow tired of doing good in active charity towards our neighbours...

Schedule for Masses and Devotions this Week:

Time	Day	Date	Liturgical Day	Readings
17h00	Saturday	05 Mar	Holy Mass – First Sunday of Lent	Deuteronomy 26:4-10; Psalm 91 Romans 10:8-13 Luke 4:1-13
08h00	Sunday	06 Mar	Holy Mass – First Sunday of Lent	
10h30	Sunday	06 Mar	Holy Mass – First Sunday of Lent	
	Monday	07 Mar	<i>(Sts Perpetua & Felicity)</i>	Lev 19:1-2, 11-18; Matthew 25:31-46
17h30	Tuesday	08 Mar	<i>Exposition of the Blessed Sacrament</i> (with the Opportunity for Quiet Adoration)	Isaiah 55:10-11 ; Matthew 6:7-15
18h00			<i>Rosary Prayers before the Blessed Sacrament</i>	
18h30			Holy Mass – Liturgy of the Day (<i>St John of God</i>)	
06h00	Wednesday	09 Mar	Holy Mass – Liturgy of the Day (<i>St Frances of Rome</i>)	Jonah 3:1-10; Luke 11:29-32
08h30	Thursday	10 Mar	Holy Mass – Liturgy of the Day <i>Followed by the Holy Hour – Adoration & Benediction</i>	Esther 14:1,3-4,11,13-14; Matthew 7:7-12
08h30 18h00	Friday	11 Mar	Holy Mass – Liturgy of the Day <i>Stations of the Cross (Sacristans & M.o.Hospitality)</i> [NB: 18h30, First Friday of Lent; 18h00 from 11 March]	Ezekiel 18:21-28; Matthew 5:20-26
	Saturday	12 Mar		Deut 26:16-19; Matthew 5:43-48

(Lectionary/Daily Missal – First Week of Lent – Readings for Weekdays from Daily Lenten Readings/Sundays from “YEAR C”)

** For the safety of all, please comply with the Covid-19 health and safety protocols, whenever visiting the church **

MASS INTENTIONS: Holy Mass is both a celebratory banquet as well as a sacrifice. It is the highest form of prayer and praise with immeasurable spiritual benefits. There is no prayer that surpasses that of the Mass. Every Mass is offered for all people, especially those in need. The Church encourages "full, active and conscious participation" by all the Christian Faithful in the liturgy. As a way of participating more intimately in the Eucharistic Sacrifice, it has long been the pious tradition, that the faithful request a Mass to be offered for their particular intentions, be it on the occasion of your birthday, wedding anniversary, death/death anniversary of a loved one, in thanksgiving or for any special intention. **If you are marking any of these occasions in March, the envelopes for the offerings are now available in the foyer.** Those who are able to give an offering or stipend to apply the Mass for their intention contribute to the good of the Church and by that offering share in, and express, its concern to support its ministers and works, especially in Lent. Mass Intentions for the Coming Week:

Day	Date	INTENTION
Saturday	05 Mar	For the People of the Parish
Sunday	06 Mar	In Thanksgiving – Kayla Scholtz – 21 st Birthday Repose of the Soul of Ralph Williams Repose of the Soul of Ntombozuko Colleen Lobi

PRAYER AND DEVOTIONAL LIFE OF THE COMMUNITY

We encourage all parishioners to make the Sunday and weekday Masses and the Devotions part of their regular spiritual practices. With the Covid-19 Restrictions now eased, you are able to fulfil your Sunday Obligation by attending a Sunday or, in extreme cases, a weekday Mass. There are now very few valid excuses for missing Sunday Mass. Remember to keep the Lord's Day holy, by prayer, charity and rest from servile labour.

SACRAMENT OF PENANCE AND RECONCILIATION (CONFESSION) during Lent: Saturdays, 16h15-16h45; Sundays, 07:30 and 10:00; weekdays during the Holy Hour on Tuesday evenings/Thursday mornings. There will be a Penitential Service on Wednesday, 6 April at 18h30.

TUESDAY EVENING ROSARY AND MASS: is dedicated to prayer for families of the parish. **Families are encouraged to choose at least one Tuesday in the month to come and pray as a family with the larger community to which we all belong.** A simple Exposition of the Blessed Sacrament will take place between 17h30 and 18h30. As usual, at 18h00, we will meditate on the Mysteries of the Rosary. You are welcome to come for the full hour or for the Rosary at 18h00. **Do come in quietly and with reverence.** Mass begins at 18h30.

THURSDAY ADORATION OF THE BLESSED SACRAMENT: to grow in our devotion to Jesus Christ, really and truly present in the Blessed Sacrament of the Altar, please join the Holy Hour in the church on Thursdays. At the beginning of this year, we moved the Holy Hour to Thursdays after the 08:30am Mass, for those who would like to join in the mornings.

FAMILY PRAYER: following the "Sunday of the Word of God" in January, we encourage all families to choose a specific evening, when the family can gather, say a Wednesday/Thursday evening, to prepare for the upcoming Sunday Mass by reflecting on the Scriptures. The Gospel Reading for next Sunday, the Second Sunday of Lent, is Luke 9:28-36...

STEWARDSHIP

REGISTRATION FOR MARRIAGE PREPARATION/INFANT BAPTISM: contact the Parish Office for details.

WEEKLY COLLECTIONS AND MONTHLY PLEDGE: heartfelt thanks to all parishioners who continue their financial support of the parish through their monthly pledge, either via EFT or the envelope system. All parishioners, who are employed or have a regular income, are invited to pledge every month, and, if they are not already doing so, to register and request a pledge number through the Parish Office. Make use of the "smart option" – *Electronic Transfer/EFT of weekly collections directly into the Parish Bank Account – use your name and "virtual collection"/pledge number as a reference. The Banking Details, for this purpose, are as follows - Standard Bank: Sacred Heart Catholic Church; Account Number: 080389007; Branch: Port Elizabeth; Branch Code: 050-017. The Lord loves a cheerful giver...*

SPECIAL COLLECTIONS DURING LENT: the Bishops' Lenten Appeal envelopes are available in the foyer; collections commence this weekend.

FUNDRAISING COMMITTEE UPCOMING EVENTS – IN AID OF THE PARISH DIAMOND JUBILEE:

- **RAFFLE:** R50 per ticket, on sale after Masses. 1st prize - 2500L Water Tank and Booster Pump; 2nd prize - Salton 1000w Pressure Cooker; 3rd Prize - Sunbeam Electric Frying pan with glass lid. Draw will take place on 24 June 2022 at the Jubilee Gala Dinner.

60th JUBILEE GALA DINNER

The Diamond Jubilee Gala Dinner will take place on Friday 24 June 2022 at 7pm in the Hall. Tickets cost R300 per person, payable over 2 months. Limited seats are available, due to COVID protocols being observed. This is a Parish Celebration and not a Fundraising event – preference is given to Parishioners to purchase tickets first. Tickets are available from Tania Williams 084 410 3606. Book before it's too late!

MINISTRIES AND SODALITIES

SACRED HEART OUTREACH MINISTRIES:

- **SATURDAY SOUP KITCHEN:** Group 4 will be distributing soup on Saturday, 5 March 2022, at 08:00am, in aid of the poor.
- **EASTER EGG COLLECTION:** Sacred Heart Outreach Ministry is collecting marshmallow eggs for the orphans & elderly. This can be left in the box in the foyer or handed in at the office during Lent.
- **SAINT VINCENT DE PAUL:** is in need of groceries and toiletries as well as monetary donations; these can be handed in at the Office.

ALTAR SERVERS: parents of new or returning Altar Servers are invited to send their details to Clayton Noah on 082 401 8030.

LENTEN CALENDAR

THE SEASON OF LENT began last Wednesday, on Ash Wednesday, a signal to us that *the time for penance has come*, and that we *return to the Lord* through prayer fasting and almsgiving. Lenten resources, to aid our spiritual growth during this Season, will be made available. "Lenten Matters of the Heart", the daily reflections for Lent, will be prepared by Fr Lubabalo and Fr Runaine, and available weekly from the First Sunday of Lent onwards. Lent is the perfect opportunity to return in earnest to the Holy Mass, Confession, and the devotions on weekdays. Wednesday morning Masses during Lent will be at 6:00am. Stations of the Cross will be on Fridays at 18:30pm on the First Friday of Lent and 18h00 from the following Friday onwards (outdoors, weather permitting, so bring the whole family).

- **RITE OF ELECTION AND ENROLMENT OF NAMES:** the Adults from around the diocese to be baptised at Easter will be presented to the Bishop during this special Service on Sunday, 15h00, at the Cathedral. All the faithful are welcome to attend.
- **SPECIAL LENTEN JUBILEE SEMINAR:**
 - **"Do not be afraid" Seminars**, led by Mike Weldon, who has many years of experience in "the renewal in the Spirit ministries" in the Church. These life-changing seminars will be held on Tuesdays of Lent at 7pm in the Small Hall, starting on 8 March...
- **THE MONTH OF MARCH IS DEDICATED TO SAINT JOSEPH** – may his silent, yet prompt obedience to God's will, inspire us this Lent.
- **UPCOMING DEANERY EVENTS:**
 - **DAY FOR RECENTLY MARRIED COUPLES:** Saturday, 12 March 2022 from 11h00 - 13h00 at Sacred Heart Parish, Kabega Park Community Centre. Aimed at newly married couples, especially those married for 5 years and less. This will be a day of enrichment. Interested couples should register with the PDO by Friday, 4 March 2022. Book online by using this link <https://forms.gle/HkHnjzH6vhaQvu1N7> or email your name & contact info to info@pastoraldevelopment.org

PRAYER CORNER

For the sick and the housebound: Leigh Ah Shene, Sally Botha, Natalie Bray, Gerald Burger, Deanna Dickson, Pat Douglas, Patrick Dwyer, Sylvia Dyson, Roland Edgar, Butch Engelbrecht, Shirleen Grobbelaar, Graham & Thora Hempel, Lydia Hendricks, James Henderson, Eden Kempthorne, Jocelyn Keun, Ann Lentz, Isobel Lloyd, Stuart Mandy, Cynthia Rumble, Leo Smithies, Timothy Teulon, Joe & Thelma Trow and David Wong.